

Catechism of the Catholic Church 1324

- ❖ What is the source of a thing?
- ❖ We often talk about the source of a river. What does that mean?
- ❖ What is the summit of a thing?
- ❖ We often talk about the summit of a mountain. What does that mean?
- ❖ What do you think it means, then, to say that the Eucharist is the “source and summit of the Christian life”?
 - The Catechism puts it like this: “The other sacraments, and indeed all...ministries and works... bound up with the Eucharist and are oriented toward it. For in the blessed Eucharist is contained the whole spiritual good of the Church, namely Christ himself” (CCC 1324). In other words, the whole of the Christian life begins with the Eucharist and is directed toward the Eucharist. It is the “source and summit” of our Faith.

Answers

- ❖ What is the source of a thing?

Where it comes from. It's origin or beginning.

- ❖ We often talk about the source of a river. What does that mean?

The origin or beginning of the river, where the water begins to flow

- ❖ What is the summit of a thing?

Its top or highest point

- ❖ We often talk about the summit of a mountain. What does that mean?

The top or highest point of the mountain; its peak

- ❖ What do you think it means, then, to say that the Eucharist is the “source and summit of the Christian life”?

The Eucharist is where the Christian life comes from. It is the origin or beginning of the Christian life. The Eucharist is also where the Christian life flows from. The Eucharist is the peak or highest expression of the Christian life.