

A Lenten Prayer

Lord our God,

Thank you for the light of Hope you have given us through the resurrection.

As we look forward to Easter, let us use this season of fasting, almsgiving, and prayer to grow closer to you. Let us see God in all things, know we are made in the image and likeness of you, and that means that rebirth and new life are here for us all.

In all that we do, we praise you.

Amen.

THE MYSTERIES OF THE ROSARY

1. The Joyful Mysteries
2. The Sorrowful Mysteries
3. The Glorious Mysteries
4. The Luminous Mysteries

They depict the important events leading up to the life of Jesus, Jesus' life, His death, and the events following His death.

JOYFUL MYSTERIES

- ▣ The Annunciation
 - ▣ The Visitation
 - ▣ Nativity (Birth)
- ▣ Presentation of our Lord
- ▣ Finding of our Lord in the Temple

The First Joyful Mystery

- The Annunciation



What does annunciation mean?

Who was involved?

What was the human reaction? (fear? disbelief?)

Who was sent as the messenger?

(p. 95 in the Picture Bible)

The Second Joyful Mystery– The Visitation



Why did Mary leave on a journey?

Who did she go to see?

What does this tell us about Mary?

(p. 97 in the Picture Bible)

The Third Joyful Mystery- The Nativity



Why was Jesus not born at home?

Why did His parents travel?

What did Joseph and Mary know
About their son and how were they told?

Why did Jesus come as a baby?

(page 99 in the Picture Bible)

The Fourth Joyful Mystery– The Presentation



Why was Jesus presented in the temple?

Who presented Him?

Who met them there?

What was Simeon feeling?

(page 103 in the Picture Bible)

Why did the Holy Family have to leave
Bethlehem soon after Jesus was born?

(p. 107 Picture Bible)

The Fifth Joyful Mystery– The Finding of Jesus in the Temple



Why did Jesus need to be found?
How was He lost?

Who was looking for Him?

How old was he when this happened?

Was He afraid? What was He feeling?

(page 109 in the Picture Bible)

The Rosary

- Hand out worksheets on How to Pray the Rosary and the Rosary Help Sheet–review it
- Hand out Easter Word Search



The Holy Rosary

For centuries, the Holy Rosary has been a treasured devotion in the Catholic Church. A deeply contemplative prayer, the Rosary contains a summary of the Christian faith in language and prayers inspired by the Holy Scriptures. When praying the Rosary, Catholics recall the most important events in the lives of Jesus and His Blessed Mother Mary. These events are called "Mysteries" and are divided into four groups of five decades: the Joyful, Luminous, Sorrowful, and Glorious Mysteries. Each decade consists of one "Our Father", ten "Hail Mary's", and one "Glory be to the Father".

How to Say the Rosary

1. Begin on the Crucifix and say the "Apostle's Creed".
2. On the first bead, say one "Our Father".
3. Say one "Hail Mary" on each of the next three beads.
4. Say one "Glory Be to the Father".
5. At the beginning of each decade, announce the Mystery to be contemplated. For example, the first Joyful Mystery is "The Annunciation". After a short pause for reflection, say one "Our Father" on the large bead.
6. Recite ten "Hail Mary's" on the ten smaller beads, followed by one "Glory be to the Father". An invocation may be added after each decade.
7. Announce the second Mystery and continue in the same manner until each of the five Mysteries of the selected group is said.
8. Conclude by saying the "Hail Holy Queen". At the end of the Rosary, the "Prayer to St. Michael" or some other Marian prayer is recited.

The Apostles Creed

I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord; Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; the third day He arose again from the dead. He ascended into heaven and sits at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with thee; Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

Glory be to the Father

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Fatima Prayer

This prayer is an example of an invocation that may be said after each decade and was requested by the Blessed Virgin Mary at Fatima: "O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those most in need of Thy mercy."

4th
Mystery

Hail Holy Queen

Hail Holy Queen, Mother of Mercy, our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

V. Pray for us, O Holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray, O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.

3rd
Mystery

2nd
Mystery

Prayer to St. Michael

St. Michael the Archangel, defend us in battle. Be our defense against the wickedness and snares of the Devil. May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, thrust into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.



Fall asleep praying the Rosary. It is better than counting sheep.



Say it in moments of sadness or spiritual drought.



If you can't pray a whole Rosary at once, break it into parts.



Carry a Rosary in your pocket.



Say it while you wait (for example, at the bus stop)

TIPS TO PRAY THE ROSARY EVERY DAY



Use each mystery to ask for a particular intention.



Pray while you walk and think of the people in your life.



Recite the Rosary while doing chores or while you work out.



Use images and music. The Rosary is a contemplative prayer.



If you're upset, pray for the situation that worries you.

4 TIMES TO MAKE THE SIGN OF THE CROSS

(APART FROM YOUR TIME OF PRAYER)



WHEN PASSING BY A CHURCH

To honor the Blessed Sacrament present inside.



WHEN YOU HEAR A SIREN

To heal those in danger of dying.



WHEN PASSING BY A CEMETERY

As a prayer for the Holy Souls and those who have passed recently.



WHEN YOU SEE AN ACCIDENT

As a protection for those in peril.

YOU MAY ADD 1 OUR FATHER OR 1 HAIL MARY



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