

LEVEL 6- Sample Lesson Plan

Covenant Fulfilled

Opening Prayer

“Lord God, You are always faithful to Your promises. Help us to understand Your Word and recognize how Jesus fulfills Your plan of salvation. Open our hearts to learn and grow closer to You. Amen.”

Discuss (Engage) – “Promise Kept”

Ask students:

- “Have you ever made a promise? Has someone ever broken one?”
- “Why is it important to keep promises?”

Explain:

A **covenant** is more than a promise—it is a sacred agreement where God gives Himself to His people.

Direct Instruction

1. What is a Covenant?

- A covenant is a sacred family bond between God and His people
- God always keeps His promises—even when people fail

Video- <https://www.youtube.com/watch?v=5l55uN2R4R0>

2. Key Old Testament Covenants

Write these on the board as a timeline:

- **Noah** – God promises never to destroy the earth again (rainbow sign)
- **Abraham** – God promises descendants and blessing to all nations

- **Moses** – God gives the Law (Ten Commandments)
- **David** – God promises an everlasting kingdom

Explain simply:

Each covenant gets bigger and includes more people—but none are fully complete yet.

3. Jesus Fulfills the Covenant

Explain clearly:

- Jesus is the **New Covenant**
- At the Last Supper, Jesus says:
“This is my blood of the covenant...” (Luke 22:20)
- Read from workbook pages 148-151

Help students connect:

Old Testament	Fulfilled in Jesus
Sacrifices for sin	Jesus becomes the perfect sacrifice
Passover lamb	Jesus is the Lamb of God
Law (Moses)	Jesus completes and perfects the Law
Kingdom of David	Jesus is the eternal King

Key point:

Jesus doesn't erase the Old Testament—He **fulfills** it.

Activity: Covenant Connections

Give students index cards with:

<https://canva.link/xnk0hrb5e9dfny7>

- Old Testament figure/event (Noah, Abraham, Moses, David, Passover, etc.)

Core Covenant Figures

- **Noah → Jesus**
 - Noah saves people from the flood
 - Jesus saves us from sin and death
- **Abraham → Jesus**
 - Abraham is willing to sacrifice his son
 - God actually gives His Son, Jesus, for us
- **Moses → Jesus**
 - Moses leads people out of slavery in Egypt
 - Jesus leads us out of slavery to sin
- **David → Jesus**
 - David is a king chosen by God
 - Jesus is the eternal King

Events and Symbols

- **Passover Lamb → Jesus**
 - Lamb's blood saves Israelites
 - Jesus is the Lamb of God who saves us
- **Manna in the Desert → Jesus**
 - God feeds His people with bread from heaven
 - Jesus is the Bread of Life (Eucharist)
- **Ark of the Covenant → Jesus (and Mary, optional extension)**
 - God's presence dwells in the Ark
 - Jesus is God fully present with us
- **Temple → Jesus**
 - The Temple is where God dwells
 - Jesus is the true Temple

People and Roles

- **Priests → Jesus**
 - Priests offer sacrifices
 - Jesus is the perfect High Priest and sacrifice
- **Prophets → Jesus**
 - Prophets speak God's Word
 - Jesus is the Word of God
- **Shepherds (like David) → Jesus**
 - Shepherds care for sheep
 - Jesus is the Good Shepherd

Key Moments

- **Crossing the Red Sea → Baptism**
 - Israelites pass from slavery to freedom
 - We pass from sin to new life in Baptism
- **The Law (Ten Commandments) → Jesus' Teachings**
 - Law teaches how to live
 - Jesus perfects the Law with love
- **Exile and Return → Salvation in Jesus**
 - People are separated from their home
 - Jesus brings us back to God

Stronger/Deeper Connections (Great for Advanced Groups)

- **Isaac carrying the wood → Jesus carrying the Cross**
- **Jonah in the whale (3 days) → Jesus in the tomb (3 days)**
- **Serpent lifted by Moses → Jesus lifted on the Cross**
- **Adam → Jesus**
 - Adam brings sin
 - Jesus brings new life

Students:

- Match their card to how Jesus fulfills it
- Share with the class

Example:

- “Passover lamb → Jesus is the Lamb who saves us”

Discussion

- Why do you think God prepared His people for so long before sending Jesus?
 - God was **teaching His people step by step** so they could understand who Jesus is.
 - The covenants helped people learn about **sin, sacrifice, and the need for a Savior**.
 - God was building a story so that when Jesus came, people could **recognize Him as the fulfillment** of those promises.
 - It also shows that God works in **His perfect timing**, not rushing but preparing everything carefully.

👉 Simple student answer:

“God took time to prepare people so they would understand Jesus and be ready to receive Him.”

- What does this show us about God?
 - God is **faithful**—He always keeps His promises
 - God is **patient**—He doesn’t give up on His people
 - God is **loving**—He planned salvation from the beginning
 - God is **intentional**—He has a plan and carries it out perfectly

👉 Simple student answer:

“This shows that God is patient, faithful, and always keeps His promises.”

Emphasize:

God has a plan—and He always keeps His promises.

- What promises has God made to us now?
 - **Eternal Life**
God promises that if we follow Him, we can live with Him forever in heaven.
 - **Forgiveness of Sins**
Through Jesus, God promises to forgive us when we repent.
 - **The Holy Spirit**
God gives us the Holy Spirit to guide, help, and strengthen us.
 - **His Constant Presence**
God promises to always be with us—we are never alone.
 - **Peace and Strength**
Even in hard times, God promises to give us peace and help us carry our burdens.
 - **Simple Student Answer**

“God promises to forgive us, stay with us, help us through the Holy Spirit, and bring us to heaven.”

Church Today (workbook chapter 18)

The Church is not just a building—it is the People of God, and it had a beginning.

Instruction

1. Pentecost: The Beginning of the Church

- After Jesus returned to heaven, the Apostles were afraid and unsure
- The Holy Spirit came upon them at Pentecost
- They were filled with courage and began to preach

👉 Key Point: Pentecost is called the “birthday of the Church.”

2. The Apostles Begin the Church’s Mission

- The Apostles went out to share the Good News
 - Many people believed and were baptized
 - The early Church formed communities of faith
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3. The Church Continues Today

- The mission of the Apostles continues through the Church
- Bishops are successors of the Apostles
- We are all part of the Church and called to share the Gospel

👉 Key Point: The Church is alive today—and we belong to it.

“Then and Now” Chart

Have students fill in or discuss:

<u>Early Church</u>	<u>Church Today</u>
Apostles preach	Priests and bishops teach
People baptized	We receive Baptism
Gather to pray	We go to Mass
Share Good News	We evangelize

Discuss:

“How are we doing the same mission today?”

Discussion

- How can we continue the mission of the Church?
- What part do you play in the Church?

Closing Prayer

“Jesus, thank You for fulfilling God’s promises and bringing us into a new covenant with You. Help us to trust in Your faithfulness and live as Your followers every day. Amen.”